

Ingredients List_Starters_Sides-Sept 2011

Starters & Sides	
Grated Parmesan Reggiano (Added at Table)	Milk, Salt, Animal Rennet
Ultimate Garlic Bread	Wheat Flour, Water, Margarine [Rapeseed and Palm Oil, Water, Emulsifier (E471), Flavouring, Colours (E160b, E100), Garlic (Puree and Chopped), Yeast, Garlic Powder, Salt, Oregano, Calcium Sulphate, Vegetable Fat, Onion Powder, Garlic Oil, Flour Treatment Agent (E300).
Garlic Bread with Cheese	
Ultimate Garlic Bread	Wheat Flour, Water, Margarine [Rapeseed and Palm Oil, Water, Emulsifier (E471), Flavouring, Colours (E160b, E100), Garlic (Puree and Chopped), Yeast, Garlic Powder, Salt, Oregano, Calcium Sulphate, Vegetable Fat, Onion Powder, Garlic Oil, Flour Treatment Agent (E300).
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Breaded Chicken Strips*	
Chicken Strips (Dual Supplier)	Chicken Breast, Water, Wheat Flour, Modified Corn Starch (E1422), Soybean Oil, Spices (White pepper, Celery), Salt, Raising Agents (E450i, E500ii), Modified Tapioca Starch (E1442), Herbs (Sage, Thyme), Colour (Paprika Extract), Dextrose, Sugar, Yeast Extract, Tapioca Starch, Corn Starch, Garlic, Flavour Natural (Garlic), Yeast
Chicken Strips (Dual Supplier)	Chicken, Water, Wheat Flour, Modified tapioca starch(E1420), Rice Flour, Breadcrumbs, Salt, Yeast Extract(Yeast extract, Salt, Refined Sunflower oil, Refined Palm oil, Colouring E150d, Citric acid E330), Dextrose, Raising Agents(Sodium acid pyrophosphate E450i, sodium carbonate E500i), Spice (Celery), Garlic powder, Onion powder, Natural Colouring (Caramel powder E150a, Turmeric extract powder E160c)
Seasonal Salad Mix	Salad Leaves & Carrot Shred
Rocket	100% Rocket Leaves
Cherry Tomatoes	Cherry Tomatoes
Extra Virgin Olive Oil	Extra Virgin Olive Oil.
Barbeque Chicken Wings	
BBQ Chicken Wings	Chicken Meat, Potato Starch, Salt, Sugar, Dextrose, Wheat Flour, Yeast Extract, Onion Powder, Burned Sugar, Paprika Extract, Flavouring, Maltodextrin, Garlic Powder, Honey, Colour: E150c, Cayenne Pepper, Black Pepper, Food Acid: E331.
Seasonal Salad Mix	Salad Leaves & Carrot Shred
Rocket	100% Rocket Leaves
Potato Wedges*	Potato, Palm Oil, Wheat flour, Salt, Modified starch, Starch, Spices (Black pepper, Chili pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (Paprika, Black pepper), Dextrose.
Garlic Mushrooms	
Portabello Mushrooms	100% Mushrooms.
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Cheddar & Red Leicester Cheese Blend	Mature Cheddar Cheese (Milk, Salt, Starter Cultures, Rennet), Red Leicester Cheese (Milk, Salt, Starter Cultures, Rennet, Colour E160b), Anticaking agent; Potato Starch.
Balsamic Glaze	Balsamic Vinegar of Modena, Sugar, Dehydrated Glucose Syrup, Dextrose, Lactose, Modified Starch, Stabiliser - Xanthan Gum.
Pesto	Basil, Sunflower Seed Oil, Ricotta Cheese (Milk Whey, Salt, Citric Acid), Seasoned Grated Cheese (Milk, Salt, Rennet, Protein Lysozima of Eggs), Extra Virgin Olive Oil, Dehydrated Skimmed Milk, Pine Seeds, Vegetable Fiber, Salt, Garlic, Acidifying: E270 Lactic Acid, Antioxidant: E300 Ascorbic Acid.
Ultimate Garlic Bread	Wheat Flour, Water, Margarine [Rapeseed and Palm Oil, Water, Emulsifier (E471), Flavouring, Colours (E160b, E100), Garlic (Puree and Chopped), Yeast, Garlic Powder, Salt, Oregano, Calcium Sulphate, Vegetable Fat, Onion Powder, Garlic Oil, Flour Treatment Agent (E300).
Garlic Butter	Unsalted Butter, Garlic Puree, Parsley, Maize Starch, Concentrated Lemon Juice, Sea Salt, Ground White Pepper.
Add on- Blue Cheese Cubes	Semi Soft Cheese With Penicellium Roqueforti Contains Microbial Rennet & E460
Sizzling Garlic King Prawns	
King Prawns	Prawns, Water (as ice glaze), Salt.
Mozzarella Cheese	Mozzarella with added starch (Mozzarella Cheese(Milk, Salt, Cultures), Potato Starch)
Cheddar & Red Leicester Cheese Blend	Mature Cheddar Cheese (Milk, Salt, Starter Cultures, Rennet), Red Leicester Cheese (Milk, Salt, Starter Cultures, Rennet, Colour E160b), Anticaking Agent; Potato Starch
Garlic Butter	Unsalted Butter, Garlic Puree, Parsley, Maize Starch, Concentrated Lemon Juice, Sea Salt, Ground White Pepper.
Ultimate Garlic Bread	Wheat Flour, Water, Margarine [Rapeseed and Palm Oil, Water, Emulsifier (E471), Flavouring, Colours (E160b, E100), Garlic (Puree and Chopped), Yeast, Garlic Powder, Salt, Oregano, Calcium Sulphate, Vegetable Fat, Onion Powder, Garlic Oil, Flour Treatment Agent (E300).

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To Share	
Nachos	
Tortilla Chips	Corn, Vegetable Oil, Salt
Salsa	Tomato Paste, Vegetables, Glucose, Fructose Syrup, Water, Vinegar, Modified Starch, Spices, Celery, Herbs, Salt, Acidity Regulator E270, Preservative E202, Sweetener E954.
Cheddar & Red Leicester Cheese Blend	Mature Cheddar Cheese (Milk, Salt, Starter Cultures, Rennet), Red Leicester Cheese (Milk, Salt, Starter Cultures, Rennet, Colour E160b), Anticaking agent; Potato Starch.
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Jalapeños	Jalapeno Peppers, Vinegar, Salt, Firming Agent: Calcium Chloride, Preservative: Sodium Benzoate
Sour Cream & Chive Dressing	Water, Vegetable Oil, Sour Cream, Modified Maize Starch, Egg Yolk, Chives, Salt, Onion, Sugar, Acetic Acid, Lactic Acid, Stabilisers (Xanthan Gum, Guar Gum), Natural Flavouring, Preservative (Potassium Sorbate), Black Pepper
Favourites Platter*	
Chicken Strips (Dual Supplier)	Chicken Breast, Water, Wheat Flour, Modified Corn Starch (E1422), Soybean Oil, Spices (White pepper, Celery), Salt, Raising Agents (E450i, E500ii), Modified Tapioca Starch (E1442), Herbs (Sage, Thyme), Colour (Paprika Extract), Dextrose, Sugar, Yeast Extract, Tapioca Starch, Corn Starch, Garlic, Flavour Natural (Garlic), Yeast
Chicken Strips (Dual Supplier)	Chicken, Water, Wheat Flour, Modified tapioca starch(E1420), Rice Flour, Breadcrumbs, Salt, Yeast Extract(Yeast extract, Salt, Refined Sunflower oil, Refined Palm oil, Colouring E150d, Citric acid E330), Dextrose, Raising Agents(Sodium acid pyrophosphate E450i, sodium carbonate E500i), Spice (Celery), Garlic powder, Onion powder, Natural Colouring (Caramel powder E150a, Turmeric extract powder E160c)
Potato Wedges	Potato, Palm Oil, Wheat flour, Salt, Modified starch, Starch, Spices (Black pepper, Chili pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (Paprika, Black pepper), Dextrose.
Ultimate Garlic Bread	Wheat Flour, Water, Margarine [Rapeseed and Palm Oil, Water, Emulsifier (E471), Flavouring, Colours (E160b, E100), Garlic (Puree and Chopped), Yeast, Garlic Powder, Salt, Oregano, Calcium Sulphate, Vegetable Fat, Onion Powder, Garlic Oil, Flour Treatment Agent (E300).
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Coleslaw	Cabbage, Mayonnaise [Rapeseed Oil, Water, Sugar, Spirit Vinegar, Egg, White Wine Vinegar, Salt Preservative (Potassium Sorbate), Stabilisers (Guar Gum, Xanthan Gum), Mustard Flour], Carrot, Onion, Single Cream, Chives.
Seasonal Salad Mix	Salad Leaves & Carrot Shred
Rocket	100% Rocket Leaves
Cherry Tomatoes	Cherry Tomatoes
Extra Virgin Olive Oil	Extra Virgin Olive Oil.
Parsley	100% Flat Leaf Parsley.
*Shown without dips please see below for choice	
Dips	
BBQ Sauce	Water, Tomato Paste, Sugar, Glucose-Fructose Syrup, Spirit Vinegar, Malt Vinegar, Soy Sauce (Water, Salt, Glucose, Soyabean, Barley Malt Extract, Spirit Vinegar, Wheat Flour), Modified Maize Starch, Salt, Flavourings (contains Celery), Smoke Flavouring, Barley Malt Extract, Preservative (Potassium Sorbate), Dried Garlic, Dried Onion
Sour Cream & Chive Dressing	Water, Vegetable Oil, Sour Cream, Modified Maize Starch, Egg Yolk, Chives, Salt, Onion, Sugar, Acetic Acid, Lactic Acid, Stabilisers (Xanthan Gum, Guar Gum), Natural Flavouring, Preservative (Potassium Sorbate), Black Pepper
Sweet Chilli Sauce	Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Modified Maize and Tapioca Starches, Tomato Puree, Salt, Red Bell Pepper, Colour (Paprika Extract), Dried Chillies, Preservative (Potassium Sorbate), Ground Red Pepper, Dried Garlic, Dried Ginger.
Mayonnaise	Water, Vegetable Oil, Spirit Vinegar, Pasteurised Egg Yolk & Whole Egg, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Stabiliser (E415), Preservative (E202), Lemon Juice from Concentrate, Flavouring, Mustard Flour.
Hidden Veg Tomato Ketchup	Sugar, Tomato, Water, Vinegar, Tomato Puree, Bell Pepper (Red), Starch (Modified - Waxy Maize), Onion, Salt, Garlic Powder, Spice Extracts (Clove, Nutmeg).

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Delivery Only	
Classic Sides	
Coleslaw Pots	Cabbage, Mayonnaise [Rapeseed Oil, Water, Sugar, Spirit Vinegar, Egg, Stabilisers (Guar Gum, Xanthan Gum), Mustard Flour], Carrot, Onion, Salt, Preservative (Potassium Sorbate).
Garlic Bread (Dual Supplier)	Wheat Flour, Water, Margarine [Vegetable Oil, Water, Emulsifier (E471), Flavour, Colours (E160b, E100)], Garlic (Puree and Chopped), Yeast, Salt, Garlic Powder, Calcium Sulphate, Oregano, Onion Powder, Vegetable Fat, Flour Treatment Agent (E300), Garlic Oil.
Garlic Bread (Dual Supplier)	Wheat Flour, Water, Vegetable Margarine (Vegetable Oils (Palm, Rapeseed, Coconut) Water, Emulsifier (E471), Flavouring, Vitamin A, Colour (E160a), Vitamin D), Garlic Puree, Yeast, Salt, Garlic Powder, Improver (contains Emulsifier (E472e), Flour Treatment Agent (E300)), Oregano.
Potato Wedges	Potato, Palm Oil, Wheat flour, Salt, Modified starch, Starch, Spices (Black pepper, Chili pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (Paprika, Black pepper), Dextrose.
Nachos	
Chilli Tortilla Chips	Corn, Vegetable Oils, Chilli Seasoning (Maltodextrin (Potato), Salt, Spices (Paprika, Cumin, Chilli, Ginger, Coriander), Sugar (white), Yeast Extract, Onion Powder, Chilli Powder (Chilli, Cumin, Salt, Oregano, Garlic), Garlic Powder, Herb (Oregano), Spice Extracts (Chilli, Capsicum), Colour (E160c), Flavourings (Processed, Nat), Herb Extracts (Oregano, Thyme)).
Salsa	Tomato Paste, Vegetables, Glucose, Fructose Syrup, Water, Vinegar, Modified Starch, Spices, Celery, Herbs, Salt, Acidity Regulator E270, Preservative E202, Sweetener E954.
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Jalapeños	Jalapeno Peppers, Vinegar, Salt, Firming Agent: Calcium Chloride, Preservative: Sodium Benzoate.
Sour Cream & Chive Dressing	Water, Vegetable Oil, Sour Cream, Modified Maize Starch, Egg Yolk, Chives, Salt, Onion, Sugar, Acetic Acid, Lactic Acid, Stabilisers (Xanthan Gum, Guar Gum), Natural Flavouring, Preservative: Potassium Sorbate, Black Pepper.
BBQ Chicken Wings	Chicken Meat, Potato Starch, Salt, Sugar, Dextrose, Wheat Flour, Yeast Extract, Onion Powder, Burned Sugar, Paprika Extract, Flavouring, Maltodextrin, Garlic Powder, Honey, Colour: E150c, Cayenne Pepper, Black Pepper, Food Acid: E331.
Premium Sides	
Garlic Bread with Cheese	
Garlic Bread (Dual Supplier)	Wheat Flour, Water, Margarine [Vegetable Oil, Water, Emulsifier (E471), Flavour, Colours (E160b, E100)], Garlic (Puree and Chopped), Yeast, Salt, Garlic Powder, Calcium Sulphate, Oregano, Onion Powder, Vegetable Fat, Flour Treatment Agent (E300), Garlic Oil.
Garlic Bread (Dual Supplier)	Wheat Flour, Water, Vegetable Margarine (Vegetable Oils (Palm, Rapeseed, Coconut) Water, Emulsifier (E471), Flavouring, Vitamin A, Colour (E160a), Vitamin D), Garlic Puree, Yeast, Salt, Garlic Powder, Improver (contains Emulsifier (E472e), Flour Treatment Agent (E300)), Oregano.
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Potato Skins- Cheese & Bacon	Potato, Water, White Mature Cheddar Cheese, Smoked Bacon, Monterey Jack Cheese, Sunflower Oil, Mustard Powder, White Pepper.
Potato Skins- Cheese & Onion	Potato, Water, White Mature Cheddar Cheese, Monterey Jack Cheese, Onion, Sunflower Oil, Salt, Mustard Powder, White Pepper.
Chicken Strips (Dual Supplier)	Chicken Breast, Water, Wheat Flour, Modified Corn Starch (E1422), Soybean Oil, Spices (White pepper, Celery), Salt, Raising Agents (E450i, E500ii), Modified Tapioca Starch (E1442), Herbs (Sage, Thyme), Colour (Paprika Extract), Dextrose, Sugar, Yeast Extract, Tapioca Starch, Corn Starch, Garlic, Flavour Natural (Garlic), Yeast
Chicken Strips (Dual Supplier)	Chicken, Water, Wheat Flour, Modified tapioca starch(E1420), Rice Flour, Breadcrumbs, Salt, Yeast Extract(Yeast extract, Salt, Refined Sunflower oil, Refined Palm oil, Colouring E150d, Citric acid E330), Dextrose, Raising Agents(Sodium acid pyrophosphate E450i, sodium carbonate E500i), Spice (Celery), Garlic powder, Onion powder, Natural Colouring (Caramel powder E150a, Turmeric extract powder E160c)
Hot n Spicy Chicken Strips	Chicken, Wheat Flour, Palm Oil, Modified Tapioca Starch (E1412), Tapioca Starch, Modified Tapioca Starch (E1420), Cornflour, Salt, Rice Flour, Vegetable Oil, Yeast Extract, Onion, Garlic, Maltodextrin, Black Pepper, Raising Agents; (E450i, E500), Celery, Colour Paprika Extract (E160c), Capsicum Extract, Vegetable Oil, Pepper Extract, Garlic Extract, Emulsifier;E472e.
Delivery Dips	
BBQ Sauce Dippot	Glucose-Fructose Syrup, Water, Malt Vinegar (From Barley), Tomato Paste, Molasses, Demerara Sugar, Modified Maize Starch, Worcester Sauce (Water, Malt Vinegar, Acetic Acid, Molasses, Tamarind Extract, Salt, Spices, Garlic Powder, Rice Flour), Salt, Concentrated Lemon Juice, Natural Flavouring, Smoke Flavouring, Mustard Bran, Preservative (Potassium Sorbate), Allspice, Garlic Powder, Onion Powder, Black Pepper, Colour (Sulphite Ammonia Caramel)
Sour Cream & Chive Dressing Dippot	Water, Vegetable Oil, Sour Cream, Glucose-Fructose Syrup, Egg Yolk, Modified Maize Starch, Chives, Salt, Acidity Regulators (Acetic Acid, Lactic Acid), Onion Puree, Sugar, Natural Flavouring, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Black Pepper, Onion Powder
Sweet Chilli Sauce	Glucose-Fructose Syrup, Water, Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Tomato Paste, Modified Tapioca Starch, Garlic Puree, Red Bell Pepper, Dried Chillies, Dried Garlic, Preservative (Potassium Sorbate), Colour (Paprika Extract), Cayenne Pepper, Ground Ginger
Garlic & Herb Dip	Vegetable Oil, Water, Spirit Vinegar, Egg Yolk, Garlic Puree, Glucose-Fructose Syrup, Dijon Mustard (Water, Mustard Flour, Spirit Vinegar, Salt, Mustard Bran, Turmeric), Salt, Concentrated Lemon Juice, Acidity Regulator (Citric Acid), Herbs, Stabilisers (Xanthan Gum, Guar Gum), Preservative (Potassium Sorbate)

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Express Only	
Savoury Seasoned Fries (Express Only)	Potatoes, Palm Oil, Wheat Flour, Salt, Modified Starch, Spices (Black Pepper, Chilli Pepper), Garlic Powder, Onion Powder, Raising Agents (E450(i), E500(ii)), Yeast Extract, Spice Extracts (Paprika, Black Pepper), Dextrose.
Heinz Mayonnaise Sachet (Express Only)	Vegetable Oil(Rapeseed), Egg Yolks, Spirit Vinegar, Mustard (Contains Citric Acid, Thickeners- Xanthan Gum & Guar Gum,) Sugar, Salt, Modified Cornflour, Thickener (Guar Gum) Antioxidant-Calcium Disodium EDTA, Spice Extract, Herb Extract.
Heinz Tomato Ketchup Sachet (Express Only)	Tomatoes, Spirit Vinegar, Glucose Syrup, Sugar, Salt, Spice & Herbs Extracts, Spice, Garlic Powder.