

Ingredients_List_Pasta_Main_Salads-Sept 2011

Pastas	
Grated Parmesan Reggiano (Added at Table)	Milk, Salt, Animal Rennet
Lasagne	
Lasagne	Meat Sauce: Chopped Tomatoes, Beef, Onions, Water, Tomato Puree, Red Wine, Thickening Agent (Modified Maize Starch), Beef Stock (Salt, Flavouring, Maltodextrin, Yeast Extract, Sugar, Onion Powder, Herb Extract, Vegetable Extract, Dehydrated Beef, Palm Oil), Sugar, Garlic, Salt, Mixed Herbs (Majoram, Thyme, Oregano, Parsley, Sage), Black Pepper. Cheese Sauce: Water, Extra Mature Cheddar Cheese, Skimmed Milk Powder (Skimmed Milk, Non Hydrogenated Palm Oil, Sugar, Lecithin), Mascarpone (Cream, Milk Protein Concentrate, Citric Acid), Thickening Agent (Modified Maize Starch), Butter, Salt. Pasta (lasagne): Durum Wheat Semonlina, Water, Pasteurised Egg.
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Parsley	100% Flat Leaf Parsley.
Seasonal Salad Mix	Salad Leaves & Carrot Shred
Rocket	100% Rocket Leaves
Cherry Tomatoes	Cherry Tomatoes
Extra Virgin Olive Oil	Extra Virgin Olive Oil.
Chicken Pasta Bake	
Chicken & Mushroom Pasta Bake	Chicken sauce: Water, Chicken, Sliced Mushrooms, Cream, Diced Onion, Thickening Agent (Modified Maize Starch), Skimmed Milk Powder (Skimmed Milk, Non Hydrogenated Palm Oil, Sugar, Lecithin), Chicken Stock (Cooked Chicken Powder, Salt, Flavouring, Onion Powder, Vegetable Oil, Turmeric, Ground White Pepper), Vegetable Stock [Sea Salt, Potato Starch, Yeast Extract, Palm Fat, Vegetables (Celery, Onion, Parsley), Maltodextrin, Sugar, Spices (Celery Seed, Turmeric, Pepper, Garlic, Mace, Lovage, Nutmeg)], Garlic Puree (Garlic, Citric Acid) Cheese Sauce: Water, Skimmed Milk Powder (Skimmed Milk, Non Hydrogenated Palm Oil, Sugar, Lecithin), Extra Mature Cheddar Cheese, Thickening Agent (Modified Maize Starch), Red Leicester Cheese, Butter, Salt, Penne Pasta: Durum Wheat, Water
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Parsley	100% Flat Leaf Parsley.
Seasonal Salad Mix	Salad Leaves & Carrot Shred
Rocket	100% Rocket Leaves
Cherry Tomatoes	Cherry Tomatoes
Extra Virgin Olive Oil	Extra Virgin Olive Oil.
Salmon Pasta Bake	
Salmon Pasta Bake	Cheese Sauce: Water, Cheddar Cheese (contains Potato Starch), Cream, Dairy Creamer (Whey Powder, Palm Oil, Milk Proteins, Skimmed Milk Powder, Lactose), Modified Maize Starch, Butter, Wheat Flour, Rapeseed Oil, Sea Salt, Mustard Powder, White Pepper. Penne Pasta: Water, Durum Wheat Semolina. Salmon Pieces, Leaf Spinach
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Paprika Breadcrumbs	Wheat Flour, Non-Hydrogenated Palm Oil, Seasoning (Rusk (wheat flour, salt, yeast), Salt, Spice (cayenne, paprika), Onion Powder, Colour (paprika extract), Natural Smoke Flavouring) Salt, Yeast,
Parsley	100% Flat Leaf Parsley.
Seasonal Salad Mix	Salad Leaves & Carrot Shred
Rocket	100% Rocket Leaves
Cherry Tomatoes	Cherry Tomatoes
Extra Virgin Olive Oil	Extra Virgin Olive Oil.

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Alfredo Pasta with Chick & Veg	
Pasta & Alfredo Sauce	Cooked Pasta (Durum Wheat Semolina, Water), Water, Milk Powder, Medium Fat Soft Cheese, Modified Maize Starch, Vegetable Fat, Sundried Tomato Paste (Water, Tomatoes, Salt, Preservative: E220, Sunflower Oil, White Wine Vinegar, Sugar, Salt, Rosemary, Flavourings (Garlic, Basil), Black Pepper), Nut Free Pesto (Rapeseed Oil, Basil, Mushrooms, Cheddar Cheese, White Wine Vinegar, Salt, Garlic Puree), Salt, Lactose, Stabiliser Blend (E472e, Modified Maize Starch, E415, E170, E412), Milk Protein, Yeast Powder, White Pepper, Garlic Puree, Green Chilli Puree, Dried Red Chillies.
Cherry Tomatoes	Cherry Tomatoes
Red onions	100% Red Onion
Tri coloured peppers	Green Peppers, Red Peppers, Yellow Peppers
Parsley	100% Flat Leaf Parsley.
Pulled Chicken	Chicken, Water, Salt ,Tapioca Starch, Maltodextrin, Dextrose, Stabiliser (E407, E451, E415), Garlic Powder, Yeast Extract, Palm Oil, Sulphite Ammonia Caramel: E150D, Citric Acid E330, White Pepper, Celery Extract, Bay
Alfredo Pasta with Veg	
Pasta & Alfredo Sauce	Cooked Pasta (Durum Wheat Semolina, Water), Water, Milk Powder, Medium Fat Soft Cheese, Modified Maize Starch, Vegetable Fat, Sundried Tomato Paste (Water, Tomatoes, Salt, Preservative: E220, Sunflower Oil, White Wine Vinegar, Sugar, Salt, Rosemary, Flavourings (Garlic, Basil), Black Pepper), Nut Free Pesto (Rapeseed Oil, Basil, Mushrooms, Cheddar Cheese, White Wine Vinegar, Salt, Garlic Puree), Salt, Lactose, Stabiliser Blend (E472e, Modified Maize Starch, E415, E170, E412), Milk Protein, Yeast Powder, White Pepper, Garlic Puree, Green Chilli Puree, Dried Red Chillies.
Cherry Tomatoes	Cherry Tomatoes
Red onions	100% Red Onion
Tri coloured peppers	Green Peppers, Red Peppers, Yellow Peppers
Parsley	100% Flat Leaf Parsley.
Chilli Twists With Chicken	
Pasta & Arrabiata Sauce	Sauce: Tomatoes, Water, Onion, Tomato Puree, Olive Oil, Sugar, Chipotle Chilli Paste (Sunflower Oil, Water, Chipotle Chilli Powder, White Wine Vinegar), Salt, Garlic, Vegetable Stock Paste [Vegetables (Potato Flake, Onion, Leek, Celery), Salt, Yeast Extract, Carrot Concentrate, Sugar, Sunflower Oil, Lemon Juice Concentrate], Basil, Cayenne Pepper, Modified Maize Starch, Black Pepper, Thyme. Amorini Pasta: Water, Durum Wheat Semolina.
Pulled Chicken	Chicken, Water, Salt ,Tapioca Starch, Maltodextrin, Dextrose, Stabiliser (E407, E451, E415), Garlic Powder, Yeast Extract, Palm Oil, Sulphite Ammonia Caramel: E150D, Citric Acid E330, White Pepper, Celery Extract, Bay
Fresh Basil	100% Basil
Chilli Twists with Prawns	
Pasta & Arrabiata Sauce	Sauce: Tomatoes, Water, Onion, Tomato Puree, Olive Oil, Sugar, Chipotle Chilli Paste (Sunflower Oil, Water, Chipotle Chilli Powder, White Wine Vinegar), Salt, Garlic, Vegetable Stock Paste [Vegetables (Potato Flake, Onion, Leek, Celery), Salt, Yeast Extract, Carrot Concentrate, Sugar, Sunflower Oil, Lemon Juice Concentrate], Basil, Cayenne Pepper, Modified Maize Starch, Black Pepper, Thyme. Amorini Pasta: Water, Durum Wheat Semolina.
Prawns	Prawns, Water (as ice glaze), Salt.
Fresh Basil	100% Basil
Chilli Twists	
Pasta & Arrabiata Sauce	Sauce: Tomatoes, Water, Onion, Tomato Puree, Olive Oil, Sugar, Chipotle Chilli Paste (Sunflower Oil, Water, Chipotle Chilli Powder, White Wine Vinegar), Salt, Garlic, Vegetable Stock Paste [Vegetables (Potato Flake, Onion, Leek, Celery), Salt, Yeast Extract, Carrot Concentrate, Sugar, Sunflower Oil, Lemon Juice Concentrate], Basil, Cayenne Pepper, Modified Maize Starch, Black Pepper, Thyme. Amorini Pasta: Water, Durum Wheat Semolina.
Fresh Basil	100% Basil

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Salad - Please see salad station page	
EXPRESS ONLY	
Warm Chicken Salad	
Seasonal Salad Mix	Salad Leaves & Carrot Shred
Cherry Tomatoes	Cherry Tomatoes
Chicken Strips (Dual Supplier)	Chicken Breast, Water, Wheat Flour, Modified Corn Starch (E1422), Soybean Oil, Spices (White pepper, Celery), Salt, Raising Agents (E450i, E500ii), Modified Tapioca Starch (E1442), Herbs (Sage, Thyme), Colour (Paprika Extract), Dextrose, Sugar, Yeast Extract, Tapioca Starch, Corn Starch, Garlic, Flavour Natural (Garlic), Yeast
Chicken Strips (Dual Supplier)	Chicken, Water, Wheat Flour, Modified tapioca starch(E1420), Rice Flour, Breadcrumbs, Salt, Yeast Extract(Yeast extract, Salt, Refined Sunflower oil, Refined Palm oil, Colouring E150d, Citric acid E330), Dextrose, Raising Agents(Sodium acid pyrophosphate E450i, sodium carbonate E500i), Spice (Celery), Garlic powder, Onion powder , Natural Colouring (Caramel powder E150a, Turmeric extract powder E160c)
Caesar Dressing	Water, Low Fat Natural Yoghurt, White Wine Vinegar, Glucose-Fructose Syrup, Modified Maize Starch, Egg Yolk, Medium hard Fat Cheese, Salt, Vegetable Oil, Whey Protein Concentrate, Garlic Puree, Concentrated Lemon Juice, Worcester Sauce (Water, Malt Vinegar (From Barley), Molasses, Salt, Tamarind extract, Garlic Powder, Spices, Rice Flour), Onion Powder, Preservative: Potassium Sorbate, Stabiliser: Propylene Glycol Alginate, Natural Flavouring (Contains Wheat), Black Pepper.
Low Fat Vinaigrette	Water, Glucose-Fructose Syrup, White Wine Vinegar, Modified Maize Starch, Dijon Mustard (Water, Mustard Flour, Spirit Vinegar, Salt, Mustard Bran, Turmeric), Salt, Garlic Puree, Concentrated Lemon Juice, Parsley, Black Pepper, Stabiliser: Xanthan Gum, Preservative: Potassium Sorbate, Colour: Lutein
Large Salad Croutons	Wheat Flour, Palm Oil, Salt, Yeast

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Delivery Only	
Side Salad	French Dressing (Rapeseed Oil(E330),White Wine Vinegar(Sulphite), Distilled Malt Vinegar, Sugar, Dijon Mustard (Mustard Seeds, Spirit Vinegar, Salt, Citric Acid E330), Water, Olive Oil, Salt, Parsley, Black Pepper, Garlic Powder), Cherry Tomatoes, Curly, Beetroot, Red Pepper, Red Onion, Baby Red, Lambs Lettuce.
Bolognese Pasta	
Bolognese Pasta	Sauce: Tomatoes, Beef Mince, Water, Onion, Tomato Puree, Modified Maize Starch, Sea Salt, Beef Bouillon (Cornflour, Salt, Yeast Extract, Onion Powder, Sunflower Oil, Dehydrated Beef, Beef Dripping), Sugar, Garlic, Mixed Herbs (Parsley, Basil, Chives, Thyme, Oregano), Oregano, Barley Malt Extract, Basil, Black Pepper, Thyme. Penne Pasta: Water, Durum Wheat Semolina
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Four Cheese Pasta	
Four Cheese Pasta	Cheese Sauce: Water, Cream, Onion, Dairy Creamer (Whey Powder, Palm Oil, Milk Proteins, Skimmed Milk Powder, Lactose), Cheese Stock Paste (Cheese Powder, Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Italian Style Medium Fat Hard Cheese (contains Potato Starch), Mascarpone Cheese [contains Acidity Regulator (E330)], Rapeseed Oil, Modified Maize Starch, Ricotta Cheese [contains Acidity Regulators (E270, E330)], Vegetable Bouillon (Salt, Cornflour, Yeast Extract, Sugar, Onion Powder, Leek Powder, Rapeseed Oil, Turmeric, White Pepper), Cheddar Cheese (contains Potato Starch), Sea Salt, Lemon Juice, Garlic, Black Pepper. Amorini Pasta: Water, Durum Wheat Semolina. Vegetables: Broccoli, Spinach Leaf, Peas
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Alfredo Pasta	
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Alfredo Pasta	Cooked Pasta (Durum Wheat Semolina, Water), Water, Cooked Chicken Breast (Chicken, Water, Salt), Yellow Peppers, Red Peppers, Whole Milk Powder, Medium Fat Soft Cheese, Modified Maize Starch, Vegetable Fat, Sundried Tomato Paste (Water, Tomatoes, Salt, Preservative E220, Sunflower Oil, White Wine Vinegar, Sugar, Salt, Rosemary, Flavourings (Garlic,Basil), Black Pepper), Nut Free Pesto (Rapeseed Oil, Basil, Mushrooms, Cheddar Cheese, White Wine Vinegar, Salt, Garlic Puree), Salt, Lactose, Stabiliser Blend (E472e, Modified Maize Starch, E415, E170, E412), Garlic Puree, Milk Protein, Yeast Powder, E464, White Pepper, Green Chilli Puree, Dried Red Chillies.